## Abdullah M. Khamaiseh, RN, MPH, DNS

## **Mutah University**

Al-Karak-Jordan

**Mobile**: +962799909765

Email: akhamaiseh@mutah.edu.jo abdullahkhamaiseh@yahoo.com



#### **EDUCATION:**

2008-2011	Doctor of Nursing Science, Alexandria University (Community Health Nursing)
1992-1994	Jordan University of Science and Technology, Irbid, Jordan MPH (Public Health/ Health Education)
1006 1000	

1986-1990 Jordan University of Science and Technology, Irbid, Jordan BSN (Nursing Science)

#### **TEACHING AND CLINICAL EXPERIENCE:**

2018-2024	Associate Professor, Faculty of Nursing / Mutah University
2012-2018	Assistant Professor, Faculty of Nursing / Mutah University
2012-2014	Vice dean / Faculty of nursing -Mutah University
2019- 2020:	Vice dean / Faculty of nursing -Mutah University
2019- 2020: Faculty of nursing	Head of Department of Community and Mental Health Nursing / ng -Mutah University
2010-2011 Jeddah- Saudi Ara	Nursing Lecturer / Al-Ghad International Health Sciences Colleges -

2006-2008 Nursing Teacher/ Ministry of Education –Jordan –

Taught all nursing courses (theory, lab, and clinical).

2002-2006 Nursing Lecturer (Tutor) Promoted from clinical instructor to Nursing Lecturer/Muscat nursing institute and Sur nursing institute -Sultanate of Oman

1997-2002 Senior Clinical Instructor / Muscat Nursing Institute-Sultanate of Oman.

1990-1997 Nursing Teacher/ Ministry of Education – Jordan –

Taught all nursing courses (theory, lab, and clinical).

#### **COMMITTEES / Memberships and Coordination**

2012-now 2004-2006	Coordinator of community health nursing /Mutah University Coordinator of second year (All courses)/Oman
2004-2006	Coordinator of Medical Surgical nursing course/Oman
2004-2006	Chairperson of test construction committee Coordinator of Internship program -Oman
2005	Chairperson of community outreach committee- Oman Coordinator of Community Health Nursing course/Oman
1997 -2000	Member of Staff Development Committee-Oman

Chair, Research ethics committee

Chair, Higher education committee in nursing faculty

Chair, Student's Interrogation Committee

Chair, Nursing Purchasing Committee

Member, Jordan Nurses and Midwives Council

Member, Clinical Instructor Recruitment Committee

Member, Selection Candidates for Nursing Scholarship

Member, University Dean's Council as vice Dean

Member, Nursing Faculty Council

Member, Specific Curriculum Construction Committees

Member, Scientific Day's Committee

Member, Many Different Committees (Community and Outreach Committees)

Member, Innovinc international and organizing committee of World Nursing-2019 applaud

## **CONFERENCES:**

No.	Conference Title	Setting /Date
1.	Present a paper in Jordanian Nursing Council conference (The Fourth International Nursing Conference)"The Tipping Point: Creative Solutions to Health and Nursing Challenges"	Amman-Jordan 23-24 April 2013
2.	Jordanian Nursing Council (JNC)4th International Conference	Amman 2013
3.	Present a paper in "The Fourth Scientific Nursing Conference)" "Women & Child Health: Safe life Journey"	Mutah University- Jordan 16 April 2014
4.	Community and mental health nursing in the light of demographic changes in Jordan	Mutah university-2016
5.	Erasmus conferences	Amman –Jordan-2017
6.	Clinical Nursing: Rhetoric, Reality, and Future Opportunity"10th scientific day	Mutah university 10/4/2018
7.	<b>Present a paper in</b> the 5 <sup>th</sup> World Nursing and Nursing Care Congress- "Patient Safety culture in Accredited Primary Health Care Centers in Jordan: Nurses Attitudes Perspective"	Rome Italy-20- 22/8/2018
8.	<b>Present a paper in</b> the 6 <sup>th</sup> World Nursing and Nursing Care Congress- "Teacher's perceptions of Attention Deficit Hyperactivity Disorder Among Primary School Students in Jordan"	London-UK-22- 24/7/2019
9.	Second International Nursing Conference (INC 2023) "Nursing Profession in the Current Era"	Zarqa University, Jordan 17-18/5/2023

#### **PUBLICATIONS:**

**Khamaiseh A**, ALBashtawy M. Oral health knowledge, attitudes, and practices among secondary school students. British Journal of School Nursing. 2013 May; 8(4):194-9.

**Khamaiseh A**, ALBashtawy M. Prevalence of obesity and physical inactivity behaviors among nursing students in Mutah University, Jordan. World Journal of Medical Sciences. 2015; 12(2):95-102

Albashtawy M, Gharaibeh H, Alhalaiqa F, Batiha AM, Freij M, Saifan A, Khetam AA, Hamadneh S, Manal AK, **Khamaiseh A**. The Health Belief Model's Impacts on the Use of Complementary and Alternative Medicine by Parents or Guardians of Children with Cancer. Iranian journal of public health. 2016 May 25; 45(5):708-9.

Alshloul M, **Khamaiseh A**. Hypertension among Faculty Members of Health Sciences College at South Saudi Arabia: Prevalence and Risk Factors. International Journal of Science and Research (IJSR).2016, 6(1):145-49

Altwalbeh, D., **Khamaiseh, A. M**., & Algaralleh, A. (2018). Self-reported empathy among nursing students at a University in Jordan. *The Open Nursing Journal*, 12(1).

**Khamaiseh** AM. Head Lice among Governmental Primary School Students in Southern Jordan: Prevalence and Risk Factors. Journal of global infectious diseases. 2018 Jan; 10(1):11.

**Khamaiseh** A, Alshloul M. **Diabetes** Knowledge among Health Sciences Students in Saudi Arabia and Jordan. *J Med J 2019*; 53 (1):37-48

**Khamaiseh A**, Al-Twalbeh D, Al-Ajlouni K. Patient safety culture in Jordanian primary health-care centres as perceived by nurses: a cross-sectional study. *East Mediterr Health J.* 2020 Oct 13;26(10):1242-1250. doi: 10.26719/emhj.20.044. PMID: 33103752.

Altarawneh, F. **Khamaiseh**, A. Perception of Caring Dimensions between First Year Nursing Students and Fourth Year Nursing Students at Mutah University. *Mu'tah Lil-Buhuth wad-Dirasat, Natural and Applied Sciences* Series Vol. 36. No.1, 2021.

Abu-Baker, Nesrin N., Anwar M. Eyadat, and **Abdullah M. Khamaiseh**. "The impact of nutrition education on knowledge, attitude, and practice regarding iron deficiency anemia among female adolescent students in Jordan." *Heliyon* 7, no. 2 (2021): e06348.

Obeidat, H., Al-Zerieny, N. M., & **Khamaiseh**, A. M. (2022). The Relationship between Control over Nursing Practice, Job Satisfaction, and Quality of Care as Perceived by Jordanian Pediatric Nurses. *Natural and Applied Sciences Series*, *37*(1).

AlAdaileh, A.G., Obeidat, H.M., **Khamaiseh, A**., AlNawafleh, A.H., Mahasneh, D. and Froelicher, E.S., 2021. The Lived Experience of Jordanian Parents of Children with Cystic Fibrosis: Qualitative Study. Journal of Pediatric Nursing, 61, pp. e72-e78.

AlAzzam, M., Tawalbeh, L., Abu Al-Rub, M., **Khamaiseh, A**., ALBashtawy, M., Barahemah, M., ... & Poedel, R. J. (2021). Exploring Elementary Schoolteachers' Perceptions of Attention Deficit Hyperactivity Disorder (ADHD) in Northern Jordan. *Child Psychiatry & Human Development*, 1-8.

**KHAMAISEH**, Abdullah, et al. Predictors and Components in the Academic Motivation of Nursing Students during the Covid-19 Pandemic in Jordan. *Jordan Medical Journal*, 2022, 56.3.

**Khamaiseh,** A. M., & Altarawneh, F. Z. (2023). Factors and barriers influencing practice of health education among nursing students in Jordan. *Journal of Education and Health Promotion*, 12(1), 441.

Predictors and Barriers to Breastfeeding Practices Among Jordanian mothers: A cross – Sectional Study-**Submitted to** *Sage Open Journal* 

Moh'd Al Hasanat, Tahane, Hala Mahmoud Obeidat, **Abdullah Khamaiseh**, Hanan D. AL Obieat, Eman Harb, and Maan Sh Al Momany. "Facilitated tucking position effect on pain and comfort during heel stick in newborns." *Journal of Neonatal Nursing* (2024).

**Khamaiseh**, **A. M.**, & Habashneh, S. S. (2024). Prevalence and associated factors of non-communicable chronic diseases among university academics in Jordan. *PloS one*, *19*(8), e0304829.

**KHAMAISEH**, Abdullah, et al, Knowledge, attitude, and practice of personal hygiene among primary school students in southern Jordan: A cross-sectional school-based study-**Submitted to West Indian Medical Journal** 

## GRADUATE STUDENTS THESIS ADVISING AND EXAMINING

1	Breast Cancer in Jordan: Screening and Prevention December2012-May2013 Submitted in partial fulfillment for the Degree of Master of Public Health, Institute of Health Sciences	Site supervisor	University of Brunei Darussalam
2	Dysmenorrheal Awareness among Female Adolescent Students in South Jordan: A cross Sectional Study	Internal examiner	Mutah university
3	Test psychometric properties of the Arabic version of Multidimensional Work Motivation Scale(MWMS),A methodological study	External examiner	Jordan University of Sciences and Technology(JUST)
4	The Effect of Nutritional Educational Intervention On Knowledge, Attitude, And Practice of Iron Deficiency Anemia Among Female Adolescent Students in Jordan	External examiner	Jordan University of Sciences and Technology(JUST)
5	Assessment of Health Promotion Needs and Behaviors of the Elderly in Jordan and Associated Factors	External examiner	Jordan University of Sciences and Technology(JUST)
6	The lived experience of Jordanian parents of children with cystic fibrosis" Prince Mona College for Nursing	co-advisor	Prince Mona College for Nursing
7	Effect of Facilitated Tucking Position on Pain Intensity and Comfort during Heel Stick Blood Sampling for Full- term Newborns	co-advisor	Mutah university
8	Health Care Provider's Knowledge, Attitude and Practice towards Exercise During Pregnancy: A Descriptive Study from the Southern Region of Jordan	Internal examiner	Mutah university
9	Generalized anxiety disorder, anxiety, depression, fear, worrying and insomnia among nurses working with COVID-19 patients	External examiner	Jordan University of Sciences and Technology(JUST)
10	Emotional divorce among employed married women in North of Jordan	External examiner	Jordan University of Sciences and Technology(JUST)
11	The Use 0f Myrrh Cream For Episiotomy Healing And Pain Relief Among Jordanian Women	Internal examiner	Mutah university

12	The Association of Emotional Closeness and Social Network with Agitation and Positive and Negative Affectivity in Older Adults with Dementia Residing in Jordanian Community or Nursing Homes	External examiner	Jordan University of Sciences and Technology(JUST)
13	Workplace Violence against Healthcare Professionals in Southern Jordan Public Hospitals	Internal examiner	Mutah university
14	Prevalence and Predictors of Loneliness among School- Aged Students in Jordan	Advisor	Prince Mona College for Nursing
15	Level of Anxiety, Depression, and Social Isolation among Hospitalized Children with Leukemia and lymphoma disease during Covid-19 Quarantine: A Cross- Sectional Study	Internal examiner	Prince Mona College for Nursing
16	Knowledge, and challenges of Exclusive Breastfeeding among Primgravida Women Attending Antenatal Care in Southern Jordan	Internal examiner	Mutah university
17	Across sectional Study of the Jordanian Nurses' Knowledge, Attitudes, and Perceived Self-Competency regarding Individualized Developmentally Supportive Care at the Neonatal Intensive Care Unit	Internal examiner	Prince Mona College for Nursing
18	An investigation of common habits and rituals associated with smoking, and their predictive factors among young women in Jordan	External examiner	Al al-Bayt University
19	The Lived Experience of Cochlear Implants Children in Jordan	Internal examiner	Prince Mona College for Nursing
20	The association of nursing students' self-esteem, symbolic immortality, and interpersonal relationships with their death anxiety and ageism toward older adults.	External examiner	Jordan University of Sciences and Technology(JUST)
21	The emotional intelligence, empathy, and work engagement of Jordanian nurses working in acute care units	External examiner	Jordan University of Sciences and Technology(JUST)
22	Environmental knowledge, attitudes and behaviors among Secondary school students in Mafraq Governorate, Jordan	External examiner	Al al-Bayt University

## **MANUSCRIPTS REVIEWER:**

No.	Title	Journal
1	Attitudes of Undergraduate Medical Students toward Patients' Safety in Jordan	BMC Journal
2	Association Between Stress in Clinical Training and Resilience Among Nursing Students" Jordan Journal of Nursing Research	JJNR
3	Burnout, Grit and Resilience Among Jordanian Orthopedic Surgeons: A Cross-Sectional Study	BMC Journal
4	Understanding Osteoporosis Knowledge and Health Beliefs in Maternity Nursing Students: A Cross-Sectional Study	BMC Journal
5	Dietary and Smoking Habits during the Exam Period and their Effect on the Academic Achievement Among Syrian Medical Students"	BMC Journal
6	Menstrual Hygiene Practices, Needs, and its Relation to Mental Health among Refugee Women in Jordan	BMC Journal
7	Knowledge, perception, and attitudes of medical students towards antimicrobial resistance and stewardship: An observational cross-sectional study from Palestine	BMC Journal
8	Study on Vitamin D levels in 30–40-year-Old Females with Low Back Pain	Cureus
9	Evidence-based nursing practice and improving pediatric patient outcomes in the prevention of infection transmission: emergency department findings	PLOS ONE
10	The Predictors of Perceived Barriers and Facilitators of Applying Sepsis Six Guidelines Among Critical Care Nurses	Electronic Journal of General Medicine

#### **Research Interests:**

My areas of interest are mainly on:

- 1- School health.
- 2- Children, adolescents, young people and college health.
- 3- Screening studies.
- 4- Obesity, healthy lifestyles and epidemiological studies.
- 5- Community and public health studies.
- 6- Health risk behaviors

#### **WORKSHOPS:**

No.	Workshop	Setting
1.	Community Health Nursing Course Workshops	Muscat Nursing Institute Oman
2.	Information Technology Course on Basics of Computing, MS Word, MS Power Point, Internet Explorer, Managing Files on a Network and Basics Multimedia Lab.	Muscat Nursing Institute Oman
3.	Teaching Learning Methodology	Sur Nursing Institute - Oman
4.	Test Construction and Blueprint	Sur Nursing Institute - Oman
5.	Cardiopulmonary Resuscitation (basic life support provider) recognized by the Saudi Council for health specialties.	Al- Ghad International Health Sciences Colleges
6.	ICDL	Alexandria University- Egypt
7.	E-Learning(preparing questions) workshop	Mutah University

## **TAUGHT COURSES:**

Mutah University	Course Description
Fundamentals of nursing	This introductory course orients the beginner students to the profession of nursing. The content of this course is structured to equip the student with knowledge of physiological and psychological human needs organized around functional health patterns. A main focus of this course is examining contemporary issues in nursing, for instance health, wellness, illness, health promotion, and holistic approach among others. The course also introduces the students to the skills essential for the practice of nursing in a variety of settings.
Fundamentals of nursing practical	This laboratory training course gives the student the opportunity to employ concepts, principles and knowledge obtained from the parallel course (1401110) to developing skills necessary to provide safe and effective nursing care in different settings. In order to enhance the mastery of skills, the guided laboratory experience of student will progress from simple to complex using a variety of teaching-learning strategies.
Nursing clinical health assessment	This course aims at providing nursing students about various methods followed in assessing the patient's health status through the characteristics of the normal people from the chronological point of view. Using knowledge of anatomy and physiology, students will have the opportunity to learn the skills of completing a holistic adult health assessment. This course includes taking a health history and assessing existing physical, social and mental health status by collecting data from the patient interview, physical examination and assessing the health condition
Applied Nutrition	The course aimed to introduce the students to the basics of healthy diet and nutritive elements as carbohydrates, protein, lipids, vitamins, water and minerals. Also introduce the students to the functions and their deficiencies, digestion, absorption and metabolism of these elements and body requirements during life cycles infancy, childhood, adolescence and aging as well. it introduces the students to the meaning of balanced diet, how to conduct a plan for healthy diet and diet plan for all types of diseases such as gastrointestinal disease, cardiovascular diseases, renal diseases, immune system diseases, cancer, and obesity.

Disasters and emergency nursing	This course provides nursing students with an opportunity to acquire the knowledge, skills and principles required to manage a wide variety of natural and manmade disasters and major incident situations including natural disasters, acts of terrorism, and acts of war, with a strong emphasis on the role of nurses during the time of disaster.  Disaster planning and emergency preparedness, resources and policies of emergency and disaster utilization, principles of disaster nursing and care of patients with trauma, and principles of evacuation, first aid and triage are included in order to meet the emotional, social and spiritual needs of victims who have been affected by a disaster. Critical thinking abilities as well as, analysis of actual or virtual disaster scenarios, WHO curriculum of emergency and disaster, and site visits will be utilized to enrich the learning experiences of the students.
Health education and communication skills	This course is designed to introduce nursing students to the Skills of Communication through working as a member of health team & to provide therapeutic Skills & educative Communication of patient & family Taking into consideration social, cultural & spiritual aspect among Patient & its effect on prioritizing human needs & behaviors.
Community health nursing theory	This course focuses on care of the community as a client. It is aimed to apply what students have learnt in other nursing disciplines and transform their understanding of care from individual-based to family and then community-based. Students will understand health systems organization and identify community health problems including communicable and chronic diseases by performing a community diagnosis. The students will understand how to incorporate family, group and community assessment with the assessment of the individual. The same time, the goal of care is forwarded to the community as a whole. In addition, the course explores the concept and role of primary health care in Jordan.
Community health nursing clinical	This community health practicum course emphasizes the integration of professional nursing roles across multiple health care settings. This course focuses on the application of public health and nursing principles in the care of individuals/families and populations in a variety of community based settings. The target of care will be the whole community as a client. The students will be able to practice community and health assessment, and provide health education, health promotion practices to people in their homes, workplace, nursery, schools, outpatients, health centers and everywhere they present.

Epidemiology and biostatistics	This course introduces the student to the principles and practice of epidemiology and vital statistics. Students will be exposed to the historical development of epidemiology, concepts of causality, definitions of health and disease, and sources of community health data. Current principles and practices in the cause, prevention and control of diseases in various community settings will be emphasized.
Nursing: history, trends and issues	This course is designed to introduce nursing students to the history of nursing and development of nursing profession in the ancient civilizations significantly in Arabic and Islamic civilization and the development of nursing profession in Jordan and in some Arab countries in the nineteenth and twentieth centuries in addition to contemporary nursing practice including different nursing definitions, the scope of nursing practice, nursing theories, standards of nursing practice and the roles and functions of the professional nurse.
Scientific research in nursing	This course introduces the student to the principles and the process of research in nursing. Different approaches of research will be discussed in order to help the student analyze critique and integrate research findings into practice. Basic statistical procedures will also be discussed.
Medical terminology and professional writing	This course is designed to introduce students to the basic medical and nursing terminologies as health professions to enable them to practice professional writing. Students will recognize the purposes of documentation with its legal issues and state documentation fundamentals. This course also stresses the proper pronunciation, spelling, and usage of common medical and nursing terminologies and abbreviation in all health care settings.
Health education, communication skills, and counseling  (Master of Science in Nursing Specialization in maternal and neonatal health nursing)	This course aims to focus on activities that contribute to guiding women in making decisions while taking health decisions. Taking into account social, environmental and ideological differences, using organized methods of communication through educational methods of education.
Research Methodology  (Master of Science in Nursing Specialization in maternal and neonatal health nursing)	This course provides students with knowledge and skills required by the beginning nurse researcher. Selected qualitative and quantitative methodologies are explored. Students examine the appropriateness of each method for different research questions. Emphasis is placed on research critique for the purpose of clinical application. This course aims to enable the student to use quantitative and qualitative studies, with a focus on research questions, their analysis and interpretation

	Paying attention to qualitative nursing research in different nursing specialties.
Public Health –Pharmacy Faculty- Mutah University	This course examines the concepts, methods, and practices for assessing the health of public health general topics include measuring community health status, developing community health profiles, identifying the determinants of health, and the utilization of community health assessment in developing public health interventions.
Health Education- Non-Medical Faculties	This course provides students with the knowledge and skills they need to maintain health and wellness throughout their lifetime. The intent of a comprehensive health education program is to motivate students to improve their health, prevent disease, and avoid or reduce health related risk behaviors.
Muscat/Sur Nursing Institutes Courses(in addition to CHN courses)	Course Description
Medical Surgical Nursing I	This course aims to offer student nurses with relevant teaching learning opportunities about medical and surgical disease conditions of adult person. This acquires the student with adequate knowledge and skills (e.g. problem solving) to provide a comprehensive safe nursing care to patient; who are suffering from medical surgical health problems. The nursing process is the theoretical frame work of this course. Promoting, and maintaining physical psychosocial integrity of patients is emphasized through this course.
Medical Surgical Nursing II	In this course, the student will be equipped with knowledge, skills and attitudes necessary to provide effective and holistic nursing care to adult patients and their families experiencing common health problems along the healthcare continuum. The course focuses on the role of the nurse in promoting health and wellness using the nursing process as a framework.
Parasitology and Microbiology for nursing	This course covers basic principles of microbiology and provides an introduction to the diversity, physiology, morphology, genetics, ecology, applications and pathogenicity of microbes. Students will be able to understand structure and function of bacteria, archaea, viruses, and eukaryotic microbes.
Leadership and Management in Nursing	This course focuses on leaderships and management functions in the clinical setting. The didactic portion of the course will build on the

	concepts of team, delegation and problem solving. Additionally, the course content focuses on quality improvement within the context of changing service delivery models. In clinical, students will work in partnership with preceptors and faculty to apply concepts of leadership and management as well as develop a clinical leadership project.
Nursing Comprehensive Practicum	This clinical concentrated course is designed to prepare the student to practice nursing beyond the close supervision of the faculty members, in order to move into the field of the profession. The student is an active participant in this clinical course where knowledge and skills gained in previous courses are utilized to work collaboratively with a faculty member and a preceptor (a registered nurse from the clinical setting). The course should be taken in the graduation semester; thereby different areas of clinical specialties are possible settings to undertake this course.

# References

	Name	University	Email
1.	Prof. Basil Hameed	Dubai Medical	Prof.basil@dmcg.edu
	Professor in Mental Health Nursing	University	
2.	Mohammed	AL Al-Bayt	mohammadbash@aabu.edu.jo
	ALBashtawy-	<u>University</u>	
	Professor in		
	Community Health		
	Nursing		